



PRE-SURGERY INFORMATION



1730 S 70th Street | Lincoln, NE 68506
402.484.6600 | nebraskasurgery.com

ABOUT US

Thank you for choosing Nebraska Surgery Center for your outpatient surgical procedure. We take our responsibility to you and your family very seriously. This brochure is intended to help you prepare for your upcoming surgery and to provide you with information about your rights and responsibilities as a patient. Please let us know if you have any questions.

Please note:

- Your safety is our highest priority.
- We require all patients to be accompanied by an adult (19 years of age or older) who will be responsible to drive you home and stay with you for at least 24 hours following your procedure.
- This person will receive medical information that will be necessary for your care after you leave the surgery center.
- If a minor child is having surgery, at least one parent or legal guardian must remain in the facility at all times.

Jane Haire, BSN, RN
Administrator

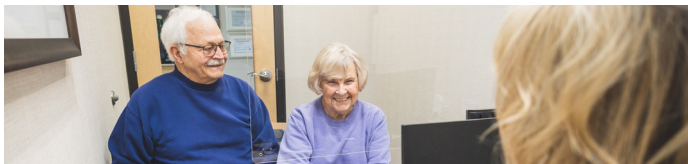
Jennifer Case, BSN, RN, CNOR
Clinical Director

Debra Scott
Director of Operations



PREPARING FOR SURGERY

- When your surgeon's office schedules your surgery with Nebraska Surgery Center, you will receive a text message to the cellular phone number you provided.
- You will have an opportunity to opt out of texting when you receive the first text message.
- If you opt out of texting, one of our staff will contact you to schedule a preoperative call.



PATIENT PORTAL INFO

- Patient Portal allows you to access your medical records online.
- We will contact you via text message to sign up for Nebraska Surgery Center's Patient Portal.
- We request your email address to allow you to access the Patient Portal.
- Using Patient Portal will allow you to fill-out your medical history, which will allow us to prepare for your pre-operative phone call.
- If you need help with the Patient Portal, please contact our support team at 402.484.0998 or send an email to: patientportal@lincolnsurgery.com.

We will call you 5-7 days before your procedure:

- To tell you what time to arrive.
- To clarify any questions we may have about your medical history, and tell you what medications to take the morning of your procedure.
- To review pre-operative instructions.
- To answer any questions you may have.
- Your arrival time will be earlier than your scheduled procedure time.

Waiting times vary and depend on many factors. We understand that your time is important. We will do all that we can to minimize delays.

DAY OF SURGERY

If you do not follow these instructions exactly, we may need to reschedule your procedure.

****Patients scheduled for an EGD or colonoscopy:**
Please contact the office of your surgeon for fasting instructions.

Eating and Drinking Guidelines:

Newborn – 24 Months

- May drink clear fluid 2 hours prior to admission: water, Gatorade (sport drink) or apple juice
- May have breast milk 4 hours prior to admission
- May have infant formula 6 hours prior to admission
- May have non-human milk 6 hours prior to admission
- May have solids 6 hours prior to admission

24 Months – Adult

- Arrival time prior to 3:00 pm: no food after midnight
- Arrival time after 3:00 pm: light meal prior to 7:00 am (toast, cereal, crackers)
- May have clear fluids 2 hours prior to admission: water, Gatorade (sports drink), apple juice or black coffee (must be able to see through the liquid)
- We encourage all patients to drink a sports drink (Gatorade, Powerade, Propel, Body Armor — must be able to see through the drink) 2 hours prior to arrival.

Arriving at Nebraska Surgery Center:

- Please enter through Entrance D, where our friendly, professional staff will welcome you and begin your admission process.
- Bring your insurance card and a photo ID.
- Leave jewelry and valuables at home.
- If you have sleep apnea and use a CPAP machine, bring it with you.
- Please let us know what we can do to make you comfortable.

AFTER SURGERY

- Our nursing staff will monitor you closely.
- You will be discharged when you are stable and ready to go home.
- You and your responsible adult will receive instructions for your care at home.
- It is important to follow all post-operative instructions. If you have any questions, please call the Nebraska Surgery Center at 402-484-6600 or your surgeon's office.
- A nurse will call you after your procedure to see how you are feeling and to answer any questions you may have.



ADVANCE DIRECTIVE

An Advance Directive is a document that allows a person to give instructions about future medical care should he or she be unable to participate in health care decisions due to serious illness or incapacity. The most common types of Advance Directives are living wills, power of attorney for health care and code/no code orders. Nebraska state law recognizes both living wills and durable power of attorney for health care.

If you have an Advance Directive, you may bring a copy with you the day of surgery. The Anesthesia provider will review your Advance Directive and discuss it with you. Nebraska Surgery Center will notify you if we cannot comply with your Advance Directive.

For more information contact:

State Unit on Aging
NE Department of Health & Human Services
P.O.Box 95044 Lincoln, NE 68509-5044
(800) 942-7830

caringinfo.org/planning/advance-directives/by-state/nebraska

GENERAL VISITOR GUIDELINES

- 2 adults (19 years or older) are allowed for each patient.
- Pediatric patients may be accompanied by 2 parents or legal guardians.
- Pediatric patients must have one parent/legal guardian in the building at all times.
- Requirements may necessitate allowing one parent at a time, to remain with the patient.
- All patients and visitors must pass the screening process upon arrival.
- It is essential to maintain social distancing of 6 feet in public areas.
- Masks are optional.

FINANCIAL INFO

The following providers bill separately:

- Nebraska Surgery Center – Facility
- Your Surgeon
- Your Anesthesia Provider
- Ancillary services; Lab, Radiology and Pathology

If you have questions regarding your facility bill please contact our billing office 402.484.9025.

Nebraska Surgery Center participates with most major insurance carriers. We will file your claim to assist you. You are responsible for understanding the benefits and the requirements of your health insurance policy. Some insurance companies require pre-authorization by the physician's office before surgery. Please review the requirements of your policy and verify that this process is completed.

- You are responsible for the balance of your account after your insurance company has paid its portion of the financial responsibility.
- We expect you to pay your account balance in full within 90 days of receiving the first statement.
- For your convenience, we accept VISA, Mastercard, Discover and American Express.

PHYSICIAN OWNERS

Declaration Of Physician Ownership

In accordance with Federal ASC Regulations 42 C.F.R § 416.50(b), the following ownership disclosure is made in advance of the procedure.

Nebraska Surgery Center (NSC) is licensed as an ambulatory surgery center in the State of Nebraska. We would like to advise you that physicians listed below are owners and have a financial interest in NSC through Physicians Surgical Services (PSS).

We want to make sure you understand that you are not required to use Nebraska Surgery Center and have the option to use other health care facilities for your surgical services. You will not be treated differently by your physician if you choose to obtain health care services at a facility other than Nebraska Surgery Center. If desired, your physician can provide information about alternative providers.

Tom Brush, MD
Matthew Byington, DO
Thomas Clark, MD
Daniel Chruscicki, MD
John Fallick, MD
Gregory Fitzke, MD
Thomas Gaul, MD
Zijun Hao, MD
Gregory Heidrick, MD
Jonathan Henning, MD
Donald Henslee, MD
Benjamin Hung, MD
Patrick Hurlbut, MD
Michael Jobst, MD
Tara Kirkpatrick, MD
Kelly Krier, MD
Andrew Livingston, MD
Gustavo Machado, MD
James Markman, MD
Todd Martin, MD
Logan McGuffey, MD
Alicia Muhleisen, MD
Brad Olberding, MD

Todd Orchard, MD
Aaron Pomajzl, MD
Jordan Rixen, MD
Aaron Robinson, MD
Jessica Sandmeier, DO
Donald Sauberan, MD
Jesse Schmid, MD
Anthony Tabatabai, DO
Samuel Thomsen, MD
Lance Wiebusch, MD
David Wiltfong, MD
Matthew Wood, MD
70th Street Properties
Consultants in
Gastroenterology
KNEEbraska, LLC
LSES Holdings, LLC
Matterhorn, LLC
NHF, LLC
NOC Ancillary Holdings, LLC
Odyssey, LLC
Surgical Associates
Investments I, LLC



Nebraska Surgery Center sincerely hopes that we meet your expectations. If you wish to voice a complaint or make a suggestion, please call (402) 484-6600 and ask to speak with the administrator. Nebraska Surgery Center is licensed in the State of Nebraska.

Direct complaints to:

Department of Health and Human Services

Division of Public Health Licensure Unit

ATTN: Health Facility Investigations

PO Box 94986

Lincoln, NE 68509

Phone: (402) 471-0316 Fax: (402) 471-1679

Email: dhhs.healthfacilityinvestigations@nebraska.gov

Patients who are Medicare beneficiaries may receive additional help from Medicare.Gov:

www.medicare.gov/claims-appeals/how-to-file-a-complaint-grievance



Your safety has always been our #1 priority.

The Nebraska Surgery Center (NSC) has always focused on preventing the spread of infection. During high community transmission levels of illnesses such as Flu or COVID19, we will need to implement enhanced infection prevention protocols to ensure a safe environment for our patients, staff, and providers. While these measures may be an inconvenience, we ask for your patience as we prepare you for your surgery. Precautionary measures such as masking, may be implemented when the community transmission levels are high. Upon entering the Nebraska Surgery Center, please check in at the front desk to obtain guidance on any precautionary measures in place.

- Screenings will be performed to ensure you are healthy prior to your procedure
- NSC may restrict visitors during high community transmission levels of illnesses such as Flu or COVID19
- Hand hygiene is strongly encouraged and masks are available for patients and visitors



For the latest information regarding Coronavirus (COVID-19), we suggest the following sources:

Centers for Disease Control (CDC)

www.cdc.gov/coronavirus/2019-ncov/index.html

Nebraska Department of Health and Human Services

(402)552-6645

PATIENT RIGHTS & RESPONSIBILITIES

Patient Rights and Responsibilities have been established to inform patients of both their rights and responsibilities as active participants in their health care.

The patient has the following rights without regard to age, race, gender, physical handicap, national origin, religion, or payer and without regard to cultural or personal value and belief systems.

The patient has the right to be informed of their rights and responsibilities during the admission process.

The patient has the right to safe and respectful treatment by competent personnel.

The patient has the right to treatment with dignity and be free from abuse, neglect and exploitation.

The patient has the right to be informed in advance about care, treatment and related risks.

The patient has the right to make informed decisions regarding their care and treatment.

The patient will receive complete information regarding diagnosis, and prognosis, to the extent known by the physician, as well as alternative treatments or procedures and the possible risks and side effects associated with those treatments or procedures.

If medically inadvisable to disclose such information to the patient, the information will be given to a person designated by the patient or to a legally authorized individual.

The patient has the right to accept medical care or to refuse treatment and to be informed of the medical consequences of such refusal.

The patient has the right to formulate advance directives and to have the health clinic comply with the directives unless the clinic notifies the patient of the inability to do so.

The patient has the right to personal privacy.

The patient has the right to confidentiality of their medical records.

Facility personnel will keep accurate records and will maintain patient confidentiality in accordance with state and federal statutes.

The patient has the right to access information contained in his/her medical record when requested, within a reasonable amount of time.

The patient has the right to approve or refuse the release of medical records to any individual outside the facility, except in the case of transfer to another health facility, or as required by law or third party payer contract.

The patient has the right to be fully informed of fees for services rendered and payment policies.

Patients have the right to voice complaints and grievances without fear of discrimination or reprisal and to have those complaints and grievances addressed.

Patients and/or a legally authorized person will be fully informed of the scope of services available in the facility and provisions for after hours and/or emergency care.

PATIENT RIGHTS & RESPONSIBILITIES

The patient or the patient's designated representative has the right to participate in the consideration of ethical issues that arise in the care of the patient.

The patient has the right to be informed of any human experimentation or other research or educational projects affecting his/her care or treatment and to refuse participation.

The patient also has the right to review this decision periodically.

The patient has the right to change primary or specialty physicians or dentists if other qualified physicians or dentists are available.

The patient has the right to identify the professional status of all individuals providing services to them, and to ascertain that facility personnel who care for them are qualified through education and experience, to perform the services for which they are responsible.

The patient has the right to assume that all health care providers who are credentialed by Nebraska Surgery Center have the appropriate malpractice insurance coverage under the Nebraska Excess Liability Fund.

The patient has a right to expect that the care rendered reflects consideration of the patient as an individual with personal value and belief systems that affect his/her attitude toward and response to, the care provided by Nebraska Surgery Center.

Patients are encouraged to express those spiritual beliefs and culture practices that do not harm others or interfere with the planned course of medical therapy for the patient.

Patient Responsibilities & Conduct:

The patient and their family are responsible for providing to their caregivers the most accurate and complete information regarding present complaints, past illnesses, hospitalizations, medications and unexpected changes in the patient's condition or any other patient health matter.

The patient and/or his/her designated representatives are responsible for active participation in their care as evidenced by following all instructions in the course of their treatment. He/She is responsible for reporting whether he/she clearly understands the planned course of treatment and what is expected of him/her.

The patient also has the responsibility for the consequences of his/her actions should he/she refuse treatment or choose not to follow instructions provided by his/her physician's or Nebraska Surgery Center.

The patient is responsible for keeping appointments and when unable to do so for notifying the Nebraska Surgery Center and their physician.

The patient is responsible for promptly fulfilling his or her financial obligations to the Nebraska Surgery Center.

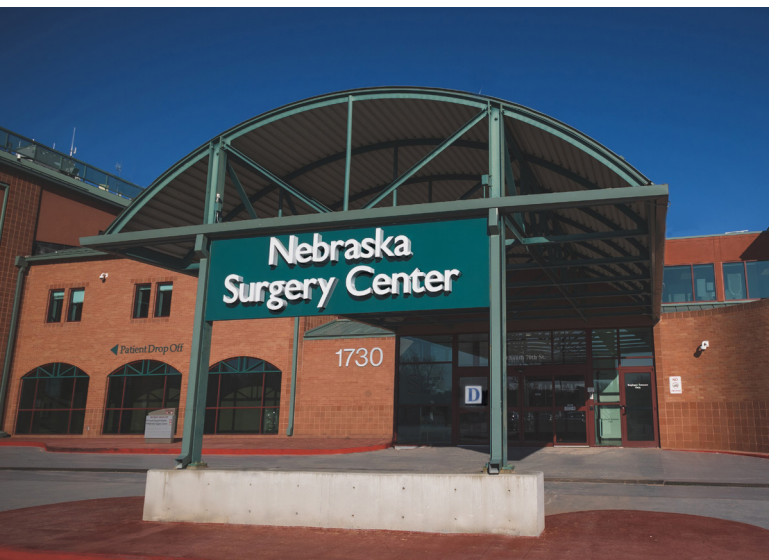
The patient and their family members are responsible to be considerate and respectful of others and their personal property as well as the personnel and property of the Nebraska Surgery Center.

CONTACT US



1730 S 70th Street
Lincoln, NE 68506
402.484.6600
www.nebraskasurgery.com

Please use **Entrance D** to access
Nebraska Surgery Center



Non-discrimination statement

Nebraska Surgery Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Español (Spanish)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-297-2266 0018-4960-6554 (TTY: 7-1-1 o para español-español 1-888-272-5528 o para español-inglés 1-877-564-3503)

Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-877-297-2266 0018-5658-6202 (TTY: 7-1-1 1-800-833-7352)